



ADVANCING ANTICOAGULATION DIALOGUE

Medication Reminder Card

Print and cut along the dotted lines. Hang on the refrigerator or use as a bookmark as a reminder to take your medication.

Medication reminders – If you have trouble remembering to take your medicine, here are some helpful tips:



Take your medication at the **same time(s)** each day.



Use an **alarm** or reminder on your phone.



Use your **daily routines** as a reminder – for instance, when having your morning coffee or before walking the dog.



Ask **someone** to help you remember.

Visit AFib4WARD.com for more information.

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